



**The Intensive Care Society**

Patron: HRH The Princess Royal



# e-Newsletter

|      |  |  |
|------|--|--|
|      |  |  |
|      |  | Intensive Care Society e-Newsletter        |
|      |  | Membership Number:                         |
| Dear |  | e-Newsletter edition: <b>February 2010</b> |

**Introduction:** Welcome to the February e-Newsletter. January has been a busy month for the ICS, we have re-launched the Linkman Scheme with a very positive response, a new ICS standard is available on the website, and we have held our first seminar of 2010 which was well attended by many ICS member and non member Trainees. We hope you have been enjoying using our new improved website which is still undergoing improvements one of which is the online registration procedure which is not yet available so please bear with us; in the mean time paper registration forms for each event are available on our website.

## Contents Summary :

|    |  |
|----|--|
| 1  | <a href="#">Spring Meeting</a>   |
| 2  | <a href="#">Working Together in Intensive Care – N&amp;AHP Seminar</a>                       |
| 3  | <a href="#">Seminars in March</a>  |
| 4  | <a href="#">The Intensive Care Society Forthcoming Events 2010</a>                           |
| 5  | <a href="#">New Standards</a>  |
| 6  | <a href="#">Awards</a>   |
| 7  | <a href="#">Linkman Update</a>   |
| 8  | <a href="#">National Institute for Health Research Clinician Scientist Fellowship</a>        |
| 9  | <a href="#">Oral feeding difficulties and dilemmas</a>                                       |
| 10 | <a href="#">Trainee Division Report</a>  |
| 11 | <a href="#">National Patient Safety Agency Alert</a>   |
| 12 | <a href="#">Foundation News</a>  |
| 13 | <a href="#">ICS Supported Surveys</a>  |
| 14 | <a href="#">RSS Feed</a>   |
| 1  | <b>Spring Meeting 18<sup>th</sup>, 19<sup>th</sup> May 2010 – Early Bird rates available</b> |
|    | <b>A conference and a seminar all in one place!</b>  |


|   |  |
|---|--|
|   | <p><b>Registration</b> for our Annual Spring Meeting and the Lung Ultrasound Practical workshop taking place on Monday 17<sup>th</sup> May also at the Royal Armouries is now open. Book your place now to take advantage of special <u>early bird rates</u>.</p> <p>Keep ahead of all the latest developments and practice in intensive care medicine, hear a faculty of international experts deliver the highest quality <u>scientific programme</u> at Leeds Royal Armouries. Learn from plenary sessions and CME track topics. It's a must for revalidation and keeping up to date with education and training.</p> <p><b>Spring Meeting Dinner and Dance Tuesday 18<sup>th</sup> May, Royal Armouries Leeds</b></p> <p>Also taking place at the ICS Spring meeting is the ICS Dinner and Dance, this year's event promises an entertaining and unique evening featuring a pre dinner drink reception with live medieval Jousting live music and dinner for only £45 per person.</p> <p><b>Tables of 10 Special Offer.</b> We will be offering a discount to tables of 10: 10 tickets= £405 (1 ticket is £40.50). To take advantage of this offer please call the office on 0207 280 4350 or email <a href="mailto:robina@ics.ac.uk">robina@ics.ac.uk</a></p> |
| 2 | <p><b>Working Together in Intensive Care – N&amp;AHP Seminar</b></p>   |
|   | <p>This <u>exciting one day conference</u> showcases the unique contribution that nurses and allied health professionals (N&amp;AHPs) make to critical care, and launches the new N&amp;AHP division within the Intensive Care Society. We invite you to join us to hear about a range of topics from speakers that exemplify expertise and multi-disciplinary approach to care.</p> <p>Topics to include:</p> <ul style="list-style-type: none"> <li>Learning from patient's stories</li> <li>Standardising medications</li> <li>Guidelines on delirium</li> <li>Patient and relative initiated critical care outreach</li> </ul> <p>In addition you can learn more about this exciting new division of the ICS. Find out how you can contribute and what benefits are available to you as an N&amp;AHP member of the ICS.</p>  |
| 3 | <p><b>Seminars in March</b></p>  |
|   | <p><b><u>Update in Trauma Care 24<sup>th</sup> March 2010</u></b><br/> Leading specialists from both civilian and military practice will discuss trauma systems and new concepts in the management of the trauma patient.<br/> This programme will provide a better understanding of the role of all disciplines involved in acute trauma care. The need for team work, early intervention and critical decision making is highlighted so that the patient benefits from the optimum treatment at the right time.</p> <p><b><u>Acute Lung Injury 29<sup>th</sup> March 2010</u></b><br/> This seminar will be clinically based and will outline recent advances in the management of ALI and the potential and challenges of delivering novel therapies in ALI. Aimed at consultants and trainees in intensive care medicine.</p>  |
| 4 | <p><b>The Intensive Care Society Forthcoming Events 2010.</b></p>  |
|   | <p>24 March 2010<br/> ICS Seminar – Trauma Critical Care. Churchill House, London</p>  |

|          |   |
|----------|---|
|          | <p><a href="http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10021">http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10021</a></p> <p>29 March 2010<br/>ICS Seminar – Acute Lung Injury. Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10022">http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10022</a></p> <p>9 April 2010<br/>ICS Seminar – Acute Kidney Injury. Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10023">http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10023</a></p> <p>17-19 May 2010<br/>The Annual Spring Meeting<br/>Leeds Royal Armouries, Leeds</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/main_meetings/SPM2010">http://www.ics.ac.uk/Meetings_Events/main_meetings/SPM2010</a></p> <p>9 June 2010<br/>An ICS Practical Seminar – Chest Ultrasound for Intensivists<br/>Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/ics_practical_seminars/SEM10025">http://www.ics.ac.uk/Meetings_Events/ics_practical_seminars/SEM10025</a></p> <p>17-18 June 2010<br/>ICS/RCoA/RCP Joint Intensive Care Symposium. Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/joint_meetings/ICSC55">http://www.ics.ac.uk/Meetings_Events/joint_meetings/ICSC55</a></p> <p>14 July 2010<br/>The Inaugural Seminar of The Intensive Care Society's new Nursing and Allied Health Professional D<br/>'Working Together in Intensive Care' Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/main_meetings/SEM10026">http://www.ics.ac.uk/Meetings_Events/main_meetings/SEM10026</a></p> <p>22 November 2010<br/>ICS Seminar – What is new in Resuscitation? Churchill House, London</p> <p><a href="http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10028">http://www.ics.ac.uk/Meetings_Events/ics_seminars/SEM10028</a></p> <p>For further information and registration forms please visit the ICS website <a href="http://www.ics.ac.uk">www.ics.ac.uk</a></p> |
| <b>5</b> | <b>New Standards</b>  |
|          | <a href="#">Standards for Capnography in Critical Care (2009)</a>   |
| <b>6</b> | <b>Awards</b>   |
|          | <a href="#">Young Investigator</a> and <a href="#">Travelling Fellowship Awards</a> are now open for applications.  |
| <b>7</b> | <b>Linkman Update</b>   |

|                 |   |
|-----------------|---|
|                 | <p>Dear Colleagues,</p> <p>The ICS Linkman scheme was suspended in 2007: it was felt that most consultants practicing ICM were members, and that the e-newsletter sent directly to each member circumvented the need for other means of communication.</p> <p>The Members' Forum has been very successful, and the regular newsletter regularly and effectively communicates the membership of current ICS issues and developments within our specialty. There is increasing evidence, however, that e-communication does not meet all the communication needed by our membership and has certainly reduced some of the feedback to Council so effectively provided by the Linkman scheme.</p> <p>As a result of these limitations, late last year Council decided to re-instate ICS Linkman from Spring 2010.</p> <p>As the Chair of the new Linkman Scheme, and I would like to invite each intensive care unit to nominate a representative to ICS Linkman to participate in the 'resurrected' project – we already have around 100 volunteers signed up but there are still units who are not represented – don't let yours be one of them! Details of how to nominate, along with the responsibilities and benefits of being a Linkman, can be found on the <a href="#">ICS website</a>. Nominations are welcome, so please get in touch!</p> <p>We want Linkman to be a success, and plan to hold an inaugural meeting of New Linkmen at the AGM Meeting in Leeds. This will be the time to share ideas about how the scheme will work to benefit both the membership and the Society: at a time of potential change in the specialty, this not only will be very important but hugely important to our future development.</p> <p>I look forward to hearing from all those who are interested in making Linkman a success.</p> <p>Jonathan Goodall<br/>Chair, New Linkman Committee.</p> |
| <p><b>8</b></p> | <p><b>National Institute for Health Research Clinician Scientist Fellowship</b></p>   |
|                 | <p>The ICF is pleased to congratulate Dr Anthony Gordon, Consultant &amp; Hon. Senior Lecturer in Critical Care Medicine, Charing Cross Hospital, on his award of a National Institute for Health Research Clinician Scientist Fellowship. The NIHR-CS Award is a post-doctoral research training fellowship funded by the Department of Health. These awards are intended to build a cadre of research-led clinical academics capable of leading research in their discipline and provide up to five years post-doctoral funding (salary and some research costs). They will support research aimed at improving the service and/or treatment delivered to patients in the NHS. This is superb achievement by Dr Gordon and a very positive reflection on the status of intensive care.</p> <p>Dr Gordon's application was based around his "<u>V</u>asopressin vs. <u>N</u>oradrenaline as <u>I</u>nitial therapy in <u>S</u>hock (<b>VANISH</b>) Trial" supported by the ICF and selected by the ICS membership in the 2008 research priority setting exercise.</p> <p>There are now three NIHR-CS award holders in the UK within adult critical care; the others being Dr David Perkins, University of Warwick, ICF Co-Director of Research (BALTI-Prevention trial) and Dr Rupert Jones, University of London (OPTIMISE trial).</p>  |
| <p><b>9</b></p> | <p><b>Oral feeding difficulties and dilemmas</b></p>  |

|                  |   |
|------------------|---|
|                  | <p>Oral feeding difficulties and dilemmas: A guide to practical care, particularly towards the end of life' has been prepared by the Royal College of Physicians in conjunction with the British Society of Gastroenterology in response to continuing unease about the lack of consensus, including among doctors, about when artificial nutrition and hydration is appropriate.</p> <p>The ultimate aim of the report is to improve care by providing healthcare professionals, patients, families and carers with practical advice that has a sound legal and ethical basis, and to prevent disputes and complicated disagreements.</p> <p>For more information please see the <a href="#">leaflet</a> and <a href="#">press statement</a>.</p>  |
| <p><b>10</b></p> | <p><b>Trainee Division Report</b></p>   |
|                  | <p>The Trainee Division of the Intensive Care Society met on the 20<sup>th</sup> January. We discussed a wide range of topics and issues. The most important ones are:</p> <p><b>Spring Meeting 2010</b><br/> Can I urge you to get your study leave applications in now for what is promising to be an outstanding meeting. Many well known speakers will be presenting. As usual we will have a Trainee Forum and the committee have given this a lot of thought and our session will comprise four short talks. Please contact us for support:</p> <p>"Improving quality and safety in ICU" (Carol Peden)</p> <p>"How to get involved in ICU research as a trainee" (Mark Bellamy)</p> <p>"How to make the most of an advanced year" (Jonathan Goodall)</p> <p>"The Ethics of Lying" (Bob Winter)</p> <p><b>Website</b><br/> The new ICS website is up and running. We are going to discuss the Trainee Section in detail at our training meeting in March. We hope that the result will be an improvement. This may include trialling Podcasts.</p> <p><b>Complementary Specialty Training</b><br/> A number of you wrote to us as you were having difficulty being short listed for advanced training posts in ICM without having completed complementary specialty training but at the same time having encountered difficulty in obtaining this training due to reluctance from parent specialties to release you. We have discussed this with the IBTICM and hopefully this problem will disappear. If any of you are still having difficulties then please let us know.</p> <p><b>“Nine and One” Contracts</b><br/> We have been contacted by various individuals as there is concern amongst trainees approaching the end of their training that they will only get a contract with one SPA session. There is a discrepancy in contracts in parts of the UK as to what is being offered. This goes against the face of common sense e.g. you have to recertify, do administration, teach on courses, supervise junior colleagues etc. Again we will be debating this in detail and will let you know our response.</p> <p><b>Old Chestnuts</b><br/> We continue to work away at our survey of CCT holders in ICM from different specialties to ascertain how they have fared securing ICM posts at consultant level.</p> <p>We are here to support you. If we can assist you in any way then do not hesitate to contact us.</p> |

|           |  |
|-----------|--|
|           | <p>Best wishes</p> <p>Dr Malcolm Sim<br/>(Chair Intensive Care Society Trainee Division)</p>   |
| <p>11</p> | <p><b>National Patient Safety Agency Alert</b></p>   |
|           | <p><b><u>The National Patient Safety Agency (NPSA) issued an Alert highlighting deaths due to inappropriate oxygen therapy</u></b></p> <p>281 serious incidents involving inappropriate oxygen therapy have been reported to the National Patient Safety Agency (UK). The NHS Litigation Authority received 279 litigation claims where oxygen was mentioned. 59 of these litigation claims relate directly to hospital patient outcomes and oxygen therapy.</p> <p>The 281 serious incidents include 32 involving neonates and children. Of the 281 serious incidents there were 44 deaths with inappropriate oxygen therapy being a contributory factor.</p> <p>Patient deaths resulted from both excessive and insufficient oxygen therapy with approximately 50% of patients receiving too much oxygen and 50% to too little oxygen. The patients that were compromised by excessive oxygen therapy were thought most likely to have died from hypercapnia or respiratory acidosis. The patients that were not given enough oxygen most likely died from hypoxia.</p> <p>The NPSA state that <i>"All incidents could possibly have been prevented if the patient's oxygen saturation levels had been monitored appropriately."</i> Appropriate monitoring depends on accurate sensors. The NPSA recommend that all oxygen is prescribed. The prescription should be to a target saturation value not a specific oxygen flow rate. Accurate pulse oximetry is an essential part of prescribing oxygen. There is a known problem with pulse oximeter sensor accuracy. If sensor accuracy is not known then every decision that is influenced by that data has no foundation.</p> <p>Published data reports surveys where 30% of the sensors found in use are so inaccurate that patient outcomes could be compromised. Clinical trials have established that inaccurate pulse oximeter sensors can be identified and when left in use could result in patients receiving inappropriate oxygen therapy. Patient outcomes can be improved by removing inaccurate sensors from use.</p> <p>The NPSA state <i>"there is a potential for serious harm and even death if it (oxygen) is not administered and managed appropriately"</i>.<br/>Appropriate administration of oxygen requires accurate pulse oximetry.</p> <p>For more information contact TEC Ltd.</p> |
| <p>12</p> | <p><b>Foundation News</b></p>  |
|           | <p><b>Snowdonia Xtreme Challenge<br/>26th June 2010</b></p> <p>Registration is open for this year's Snowdonia Xtreme Challenge. The Foundation needs teams of people to walk over four different routes to raise funds to support the Foundation's research aims. Over the last few years much has been achieved (see link to achievements page). Only with your continued support can the Foundation continue to support critical care research. <a href="#">So why not enrol colleagues, form a team and head off to North Wales for a great day out.</a> See last year's <a href="#">'After the event Newsletter'</a> for all those smiling faces at the end. Further details available from webpage..... Be the first to register and have your name in the March's Snowdonia Newsletter. Please see <a href="#">February's newsletter</a> and the <a href="#">rules of the event</a> for more information.</p> <p><b>Three Peaks Challenge</b></p>  |

|                  |   |
|------------------|---|
|                  | <p><b>18/20 June 2010</b></p> <p>The Intensive Care Foundation is planning on climbing Britain's three highest mountains within 24 hours and is in the process of putting together a team. We have received our first confirmed participant Dr Marcela Vizcaychipi, if you would like to support her on this challenge please visit her <b>JustGiving</b> page to donate to the Foundation, keep an eye on the <a href="#">Foundation Three Peaks pages</a> as we will update them with all competitors as and when they confirm.</p> <p><b>Fun Run<br/>Wednesday 19<sup>th</sup> May</b></p> <p>Every year the ICF organises a fun run for delegates and other willing fundraisers during the ICS meeting. This year's fun run is being lead by Dr Marcela Vizcaychipi. All proceeds from run will go to the Intensive Care Foundation.</p> <p>7:00am, Wednesday 19th May 2010<br/>Royal Armouries Museum, Leeds, LS10 1LW</p> <p>For full event details please visit the <a href="#">Foundation fun run pages</a></p> |
| <p><b>13</b></p> | <p><b>ICS Supported Surveys</b></p>   |
|                  | <p>There are currently two surveys live on our website, the surveys are quick and easy to complete, please spare the time to do this as it will really help research in these areas.</p> <ol style="list-style-type: none"> <li>1. Communication with relatives of Intensive Care Unit (ICU) patients – A survey of current practice.</li> <li>2. Nicotine Replacement Therapy (NRT) ICU Use Survey</li> </ol>  |
| <p><b>14</b></p> | <p><b>RSS Feed</b></p>  |
|                  | <p>Did you know you can sign up to RSS feeds from the ICS website? Signing up to RSS feeds is a perfect way of keeping up to date with the latest news and event information. To access the RSS feed simply click the RSS feed button as example below in your browser, then click subscribe to this feed tab.</p>   |

How to unsubscribe to this e-Newsletter:

***If you wish to be excluded from future e-Newsletter mailings, please Reply to this email with 'Please remove me from future ICS e-Newsletters' in the subject line.***

---

ICS e-Newsletter produced and distributed by:

Nina Taylor  
Assistant to Head of Secretariat

The Intensive Care Society, Churchill House, 35 Red Lion Square, London WC1R 4SG  
Tel+44 (0)20 7280 4351 Fax +44(0)20 7280 4369  
Email: [nina@ics.ac.uk](mailto:nina@ics.ac.uk) Web: <http://www.ics.ac.uk>

*Disclaimer:*

*This email is only intended for the person(s) to whom it is addressed and may contain confidential information. Unless stated to the contrary, any opinions or comments are personal to the writer and do not represent the official view of the Society. If you have received this email in error, please notify us immediately by reply email and then delete this message from your system. Please do not copy it or use it for any proposes, or disclose its contents to any other person. Whilst the Society takes measures to regularly update its anti virus software, it cannot be held responsible for any viruses transmitted and strongly suggests the recipient updates their anti virus software accordingly.*