Top Tips for New ICM Consultants

1) Don't start cutting the corners you said you would never cut as a registrar.

2) Keep up to date - it makes your job easier and gives you better job satisfaction - it's easy to do with resources like Rob MacSweeny's website, The Bottom line and ICN podcasts.

3) Be visible and approachable. Get out and about - patients don't become any less sick just because you can't see them and don't know they are there.

4) Don't be fazed by complaints but do learn from them. Everyone gets them and some people complain about anything!

5) Say no - if you are enthusiastic and approachable you will be asked to take on lots of jobs. For the first year find your feet, say no and eventually agree to what you enjoy.

6) Embrace your appraisal early and don't leave it till the last minute.

7) Don't let work creep home. Make enough time for your SPA that you still have the time at home with friends and family.

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For more top tips please see #newcons